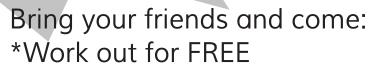
with Melanie Douglass, RD, CPT

a BOB

PREGNANT WORKOUT PARTY!



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Saturday, May 16 9:00 am - 11:00 am DC Training & Fitness 1525 N Main, Bountiful, UT

Class Schedule:

9:00 am - Pregnancy Strength

9:45 am - Pregnancy Stretch

10:00 am - Zumba

Come to one or come to ALL! We'd love to have you!

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