

## Ellis Maxwell <ellis.maxwell@wvc-ut.gov>

(no subject) 1 message	
To: Ellis.Maxwell@wvc-ut.gov	Tue, Jun 29, 2010 at 2:52 PM
Detective Maxwell,	
I was looking through my computer files and fou	and this. Susan had read the book, "Love Must Be Tough"
l'd forgotten all abo already have a copy in the items that were at he	ut it until I saw it when looking for something else. Maybe you er work, but here it is anyway.
	It is <u>so</u> intensely heartbreaking to me the way Josh has ended self, he chose to blame her for ALL their problems and continued

Knowing that the attached file was randomly filed in my computer filing prompts me to look through everything more carefully. If I find anything else, I'll send it along.

Susan's course of action.docx J 14K

## Do Not Threaten Divorce Ever Again!

## Take the following steps:

- 1. Immediately separate your paycheck into your personal account again. Do not give him access in <u>any</u> way. This should be maintained for a minimum of 6-12 months to rule out his manipulation.
- 2. Tell him what you are now willing to pay for
  - tithing/fast offerings on money you earned
  - o food
  - debt to your parents
  - o cards/other debts in your name only
  - o other?
    - try and make it a reasonably fair split for bills
- 3. Tell him how you expect him to change- keep the list short (2-3 items). Do not nag about the list, give it to him (list only- not this outline) for reference so he understands what you will see as progress. Here are three possibilities
  - Financial responsibility
    - pay all bills and debts left to his income
    - pay extra to debts with most of leftover
    - Put a small percentage of extra funds to savings for big expenses like solar panels
    - Minimum blow fund (economy is bad-this should probably be significantly less than \$300 at this time)
  - Control and domination over you will cease
    - you will attend church and pay tithing, fast offerings, etc. without negativity from him
    - you will bring the boys to church and other activities without negativity from him
    - no more control or negativity about you spending money
    - other?
      - you are your own person; you get to control your life; if he wants to work something out with you, it would be wise to try to kindly do this- as long as he's remaining respectful toward you.
  - No more contact with his Dad
    - He is like a cancer poisoning your relationship.
    - Just like an addiction to porn or drugs, cold turkey is the best method.

- Contact should only occur in a family emergency, ie. death,
- Christmas/birthday gifts could still be exchanged if desired
- 4. Remember these rules during the whole thing:
  - o Remain, at all times, respectful toward him
  - Be calm and cool through all discussions, not angry or manipulative. Just tell him the way it is. If he makes you angry over an issue, walk away, tell him you'll discuss it with him later.
  - Do Not threaten divorce
  - o Do Not tell him everything you think/feel, especially if you feel hurt, angry, etc.
  - Do Not show him the book, "Love Must Be Tough"
  - Do Not show him this outline or give him much information about what has changed your mind.
  - Do Not Back Down
- 5. If things deteriorate further after taking these steps, then it may be time for legal separation. <u>Do Not</u> tell him this ahead of time- keep this card up your sleeve in case further shakeup is needed.
  - change your mind set back to "I'm in this for the long haul."
  - keep confidences
  - o do not expect to ever be with another man
  - You are not trapped- you have options, you are capable
    - Legal separation may be necessary later
    - Let him approach you with divorce if it comes to that
    - If legal separation becomes excessively long, ie. a couple years, then maybe re-evaluate divorce